

# Koala Keilah and the Magic Leaf

Helping young children feel  
comfortable with eczema treatments

A book by Eczema Support Australia









*Dedicated to the strong and incredibly  
resilient Aussie families living with  
eczema. You are our inspiration and  
the reason we exist.*

Written by Melanie Funk.

Original illustrations by Greg Duggan; adapted using ChatGPT 5.2.

Book design by Keilah Lowe.

Endorsed by (to be advised)

This book and supporting resources were funded by an unrestricted educational grant from Sanofi Australia.

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This resource is for educational support and does not replace medical advice.

ISBN 000 0 00 000000 0 (to be advised)



## About this book

*Koala Keilah and the Magic Leaf* is a gentle story for young children who need eczema treatments. It is designed to help children feel calmer, more confident, and supported.

Through Keilah's story, children are introduced to simple ways to stay relaxed and distracted during treatment time.



## How to use this book



- Read the story slowly and follow your child's lead
- Pause to talk about how Keilah is feeling
- Encourage your child to try the games and ideas in their own way

There is no right or wrong way to use this book — it's about comfort, connection, and choice.

## The games in this story

Kangaroo Kip shares simple imagination and distraction games with Koala Keilah.

These are explored further in the **Eczema Treatment Support for Children and Families** resource collection, with printable activities you can use at home.

You can find additional trusted resources and printable tools at:  
[www.eczemasupport.org.au/treatment-support-families/](http://www.eczemasupport.org.au/treatment-support-families/)





High in the eucalyptus trees,

**Koala Keilah**

loves to climb,



eat leaves,

and play with her friends.

But her skin was

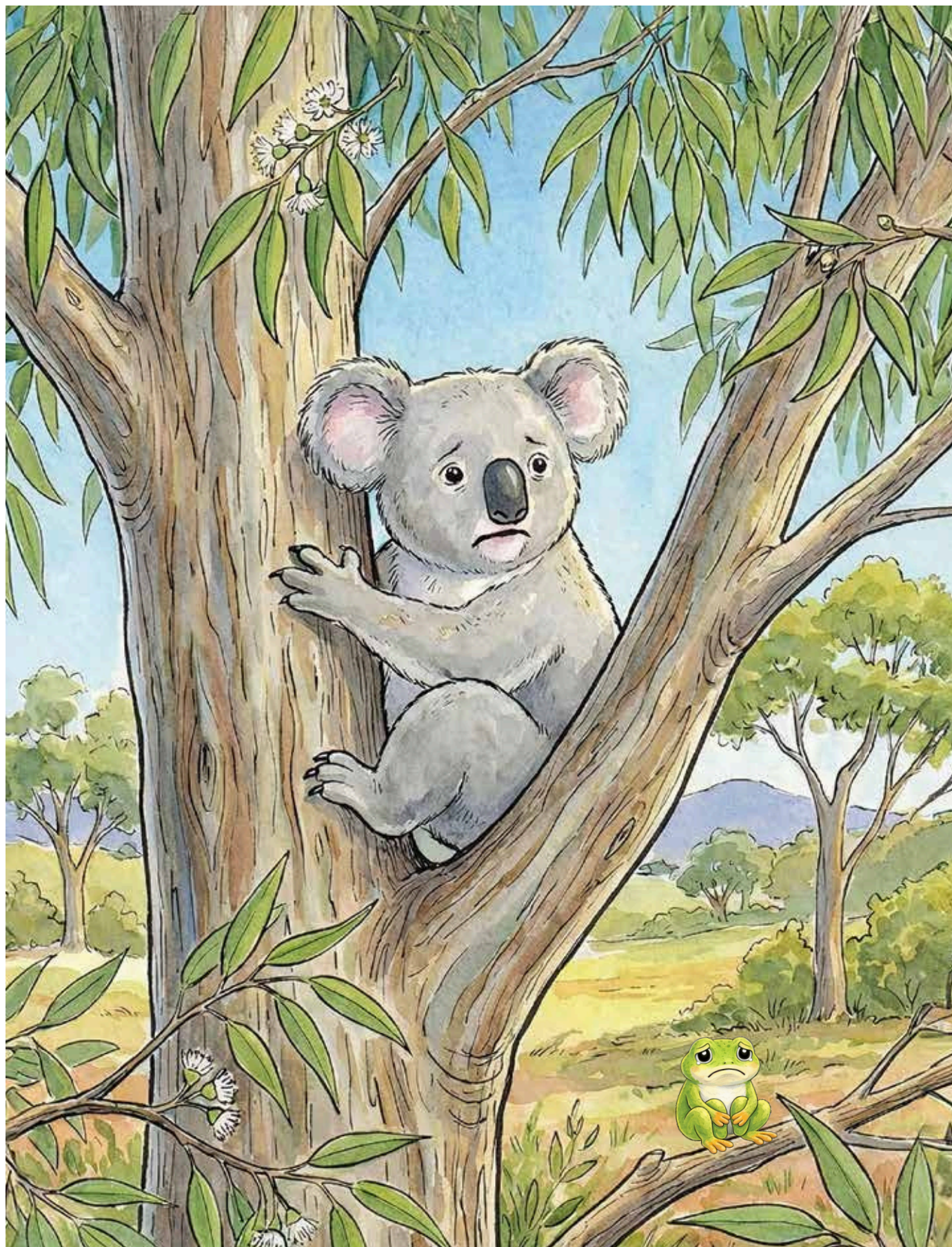
sometimes **ITCHY**

and that made her wriggle and

frown.









Koala Keilah went to see her wise friend,  
a wombat called Wilma.



Wombat Wilma told her about a

special treatment

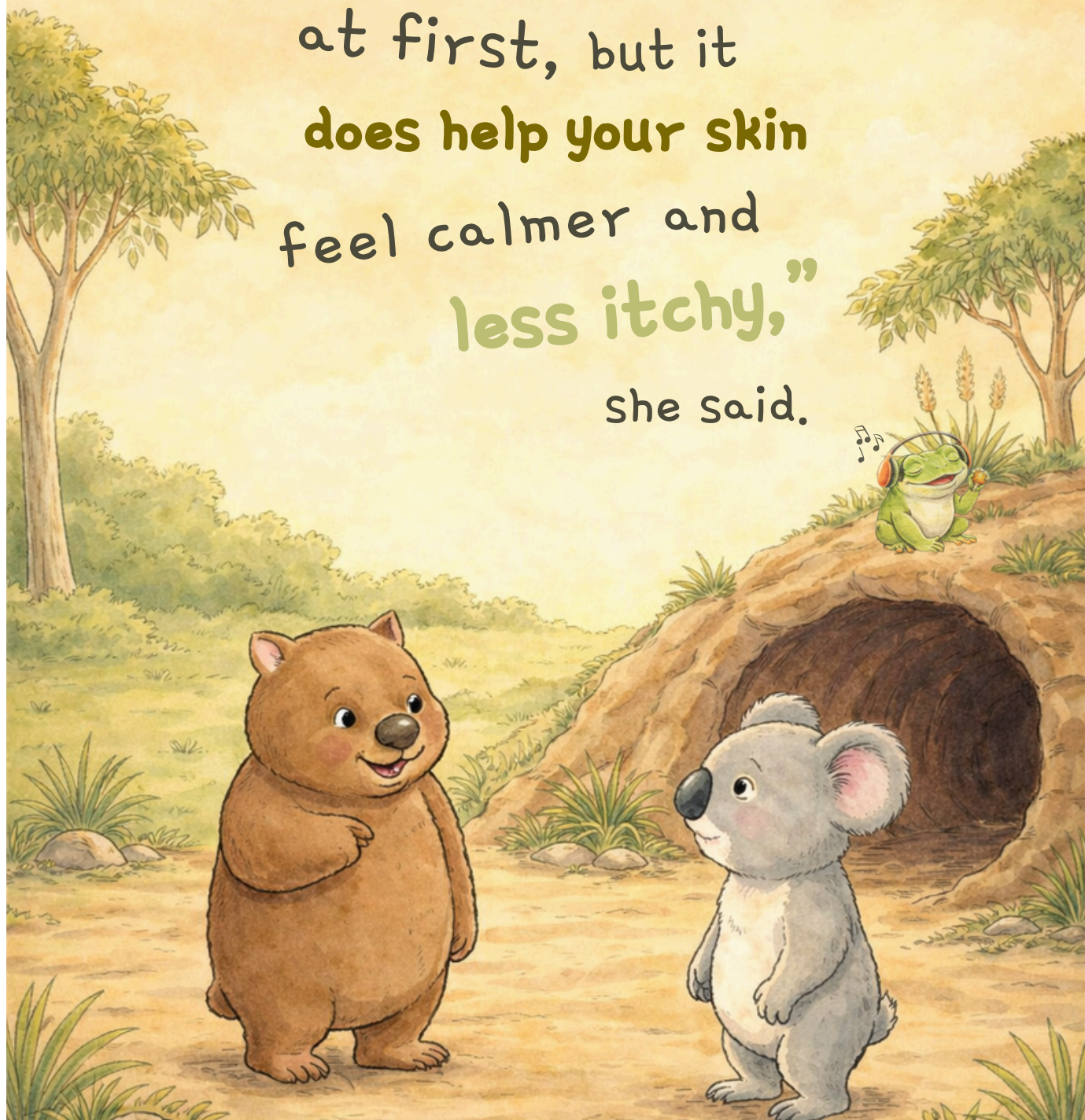
that would help her

skin feel better.





“It might **feel** a bit  
**new** and **different**  
at first, but it  
**does help your skin**  
feel calmer and  
**less itchy,”**  
she said.





**Koala Keilah** was unsure.

(and that was okay!)

“What if it feels  
funny?”

What if I don’t know  
what’s going to happen?”

she worried.

Then, she heard a familiar sound.

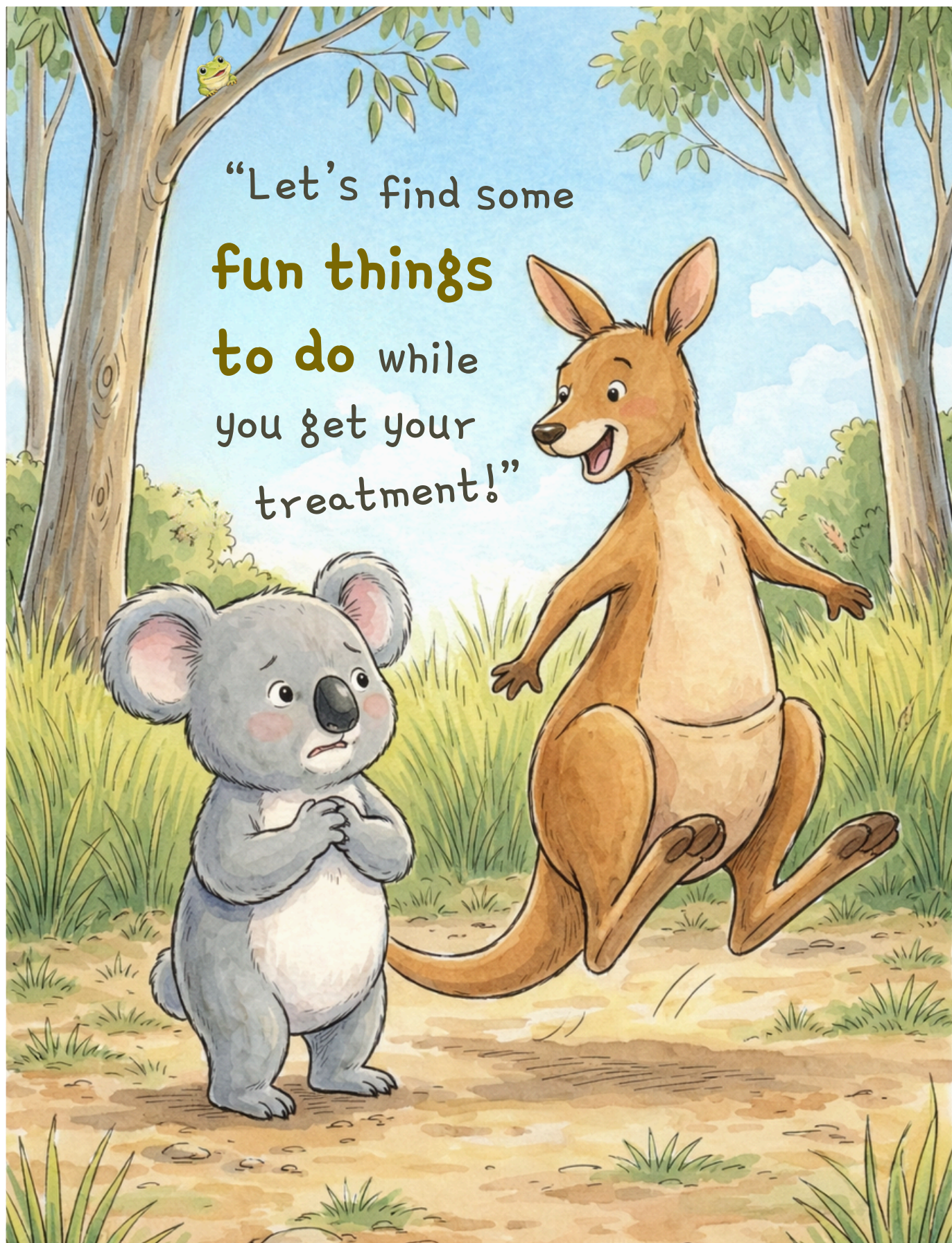
Hop,  
**hop,**  
hop.

It was her friend, **Kangaroo Kip.**





“Let’s find some  
**fun things**  
**to do** while  
you get your  
treatment!”





Kangaroo Kip taught  
Koala Keilah  
some fun tricks!

“Count  
the gum  
leaves!”



“Pretend  
you’re a  
sleepy koala.”



“Sing  
a silly song.”



When it was time for Koala Keilah's  
special treatment,

she held her mum's paw and played  
Kangaroo Kip's game in her head.

Before she knew it,  
it was all done.



“Oh!  
That was quick!”

said Koala Keilah,  
smiling.









Wombat Wilma gave Koala Keilah  
a **Magic Leaf**.

“Each time you have a  
**special treatment**,  
you get another!”

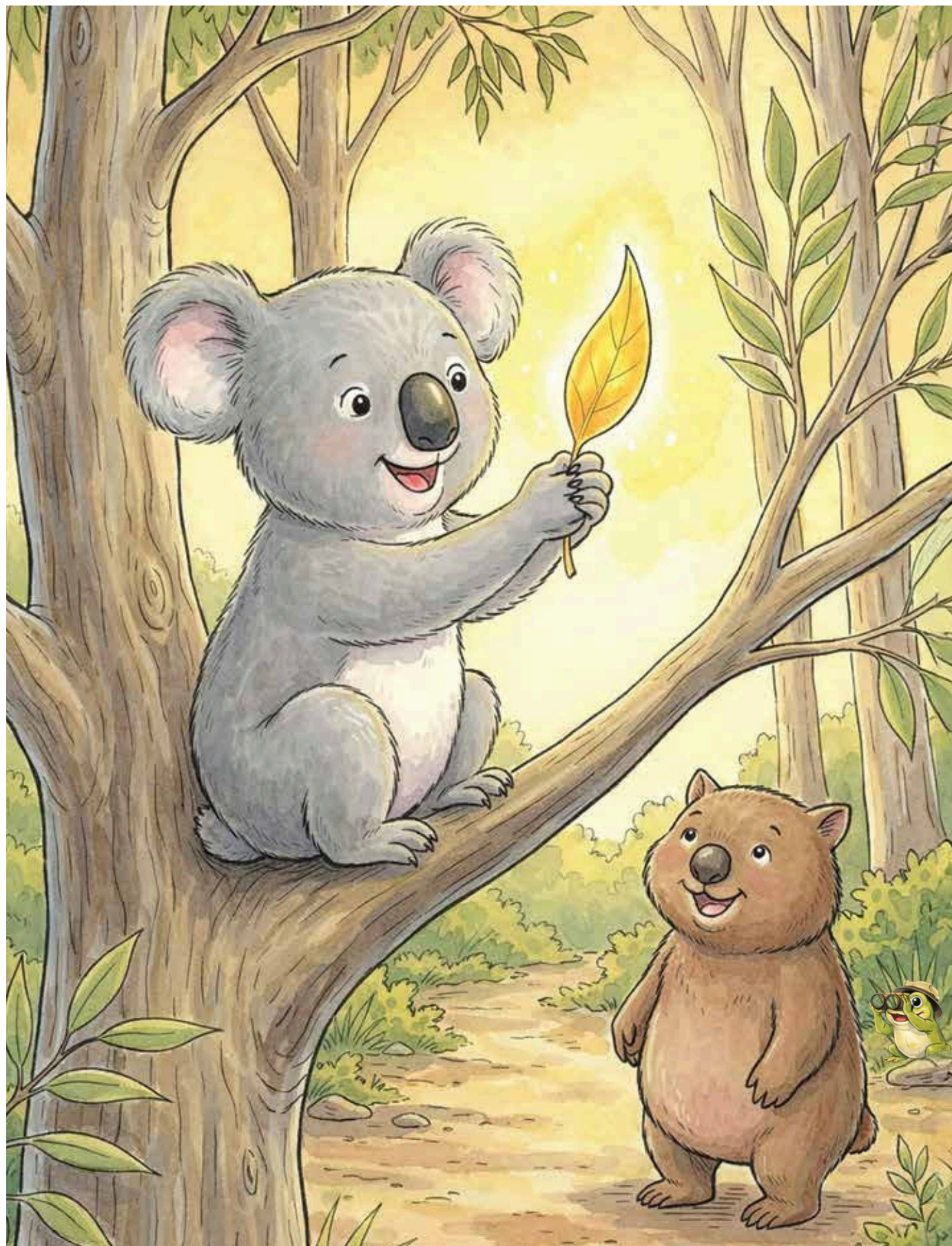


Koala Keilah felt so **STRONG**  
and happy.

She was ready to

climb the  
**highest** tree!







Koala Keilah learned that when  
things are

**new** or **different,**

playing fun games helps make

the time pass

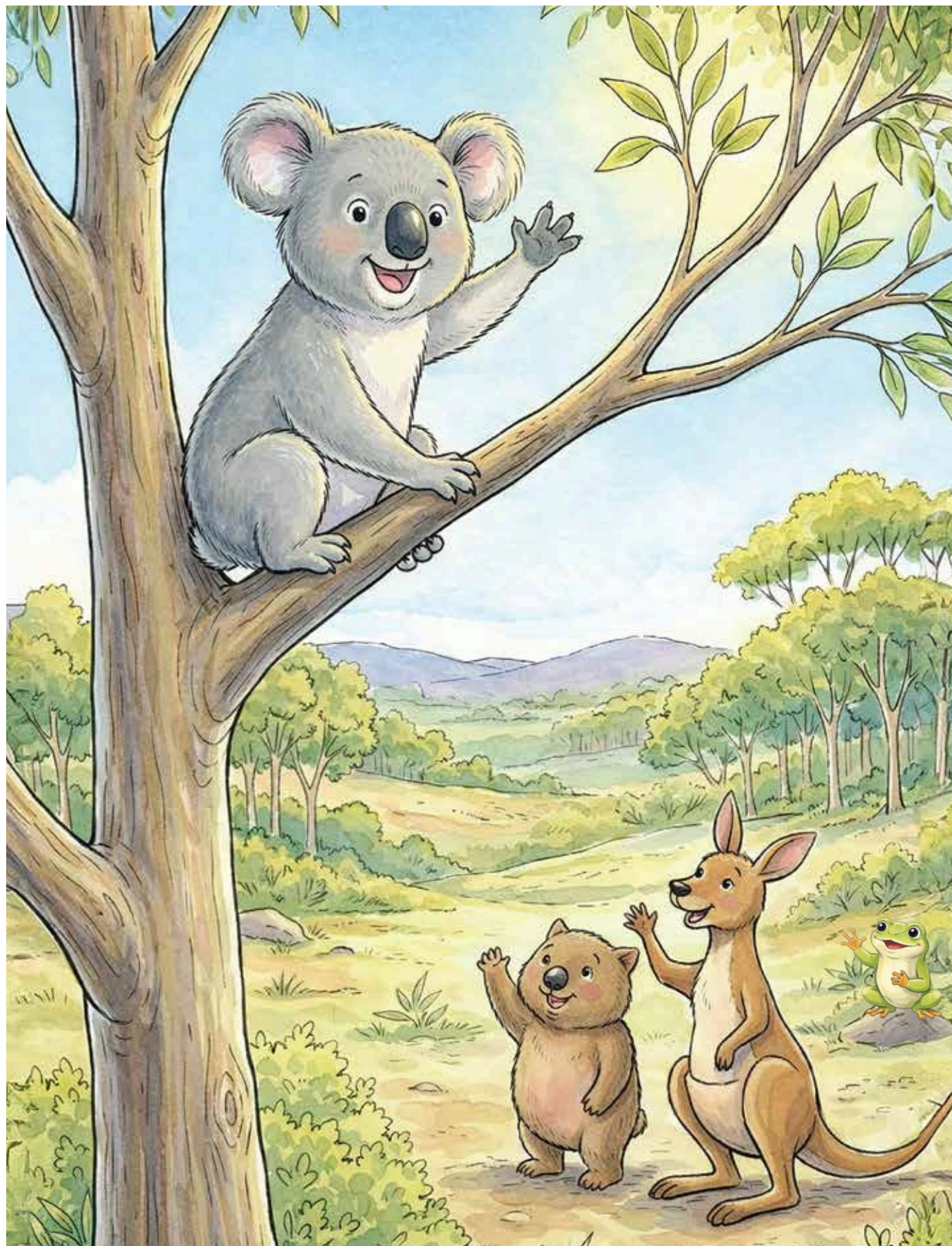
**faster.**



“If I can **do it,**  
you can  
**too!”**









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